

National Cadet Corps (NCC) Boys

Social and Extension Activities- 2020-2021

- **International Yoga Day:** On June 21, 2020, International Yoga Day was celebrated online. NCC cadets participated by practicing yoga as broadcasted by Ministry of Ayush on Doordarshan and were encouraged to perform daily yoga and pranayama. Cadets uploaded Jingles on digital forums to promote the importance of yoga. They also uploaded videos of themselves performing yoga asanas, along with explanations of their significance. A quiz was organized through a digital platform, and 19 cadets participated. The event aimed to create awareness about the importance of yoga and overall well-being.



- **Fit India Movement:** Prime Minister Narendra Modi inaugurated the "Fit India" campaign on August 29, 2019, on the occasion of National Sports Day. Fitness has become a significant concern in recent times, and through the Fit India movement, we are now encouraging a healthy India. Under this initiative, various programs were organized by NCC cadets to create awareness among the people. Due to the COVID-19 pandemic, no community programs were conducted, but the cadets focused on promoting the importance of a healthy India in their villages. They regularly engaged in activities such as walking, running, cycling, high jumps, long jumps, rope jumping, pole vaulting, warm-up exercises, cool-down exercises, field sports, various types of exercises, yoga, and pranayama. They also motivated others to maintain a healthy body through exercise, pranayama, and yoga.
- **Panjara River Cleanliness Campaign:** Significant efforts were made by NCC cadets in the cleanliness of the Panjara River and its surroundings in the city. They took responsibility for maintaining the cleanliness of the river by reducing water pollution. Employees of the Dhule Municipal Corporation also participated in this cleanliness campaign. The cleanliness campaign was conducted on November 29, 2020, in alignment with the guidelines provided

during the COVID-19 pandemic, ensuring social distancing and following the principles of social cohesion. During this campaign, approximately four hundred kilograms of plastic waste was collected and heaps of litter was removed from the riverbed. Twenty-seven NCC cadets from the college actively participated in this campaign.



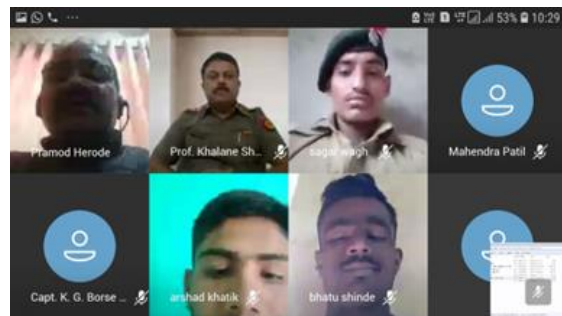
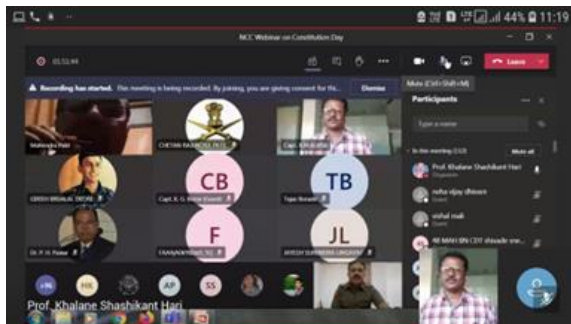
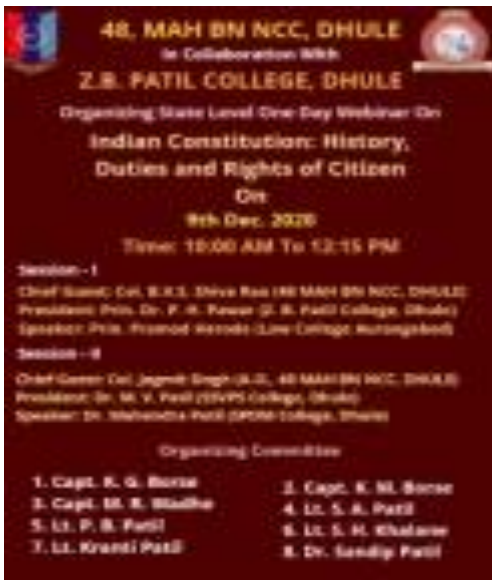
- Constitution Day Celebration:** On November 26, 2020, Constitution Day was celebrated in the college. Honorable Principal Dr. P.H. Pawar performed the worship of the Indian Constitution and Dr. Babasaheb Ambedkar's statue. Selected NCC cadets were present for this occasion. Despite the impact of the COVID-19 pandemic, the program was organized by strictly following the guidelines provided by the government. As part of the celebration, the NCC cadets and all students collectively read excerpts from the Indian Constitution. Additionally, homage was paid to the soldiers who sacrificed their lives in the terrorist attack in Mumbai on 26/11/2008.



- State-level webinar "Indian Constitution: History, Rights, and Duties":** On December 9, 2020, a state-level webinar on the topic "Indian Constitution: History, Rights, and Duties" was organized jointly by the 48 Maharashtra Battalion N.C.C. Dhule and Z.B. Patil College, Dhule. The webinar was conducted using the Microsoft Teams app for the benefit of student soldiers. A total of 152 cadets and 42 ANOs from across the state of Maharashtra attended the webinar online. The webinar was divided into two parts. In the first part, Dr. Pramod Herode, Principal of Dr. Babasaheb Ambedkar Law College, Aurangabad, delivered an insightful lecture on the "History of the Indian Constitution." He presented the sequence of events in the Indian Constitution and highlighted the importance of the Indian Constitution. At this time, Dr. P.H. Pawar, Principal of Z.B. Patil College, Dhule, was present as the

chairperson. They applauded the cadets who are always actively involved in the work for the nation's welfare and social welfare. These values are instilled in them through N.C.C. training, making them distinct and recognizable from others. In the second session, Dr. Mahendra Patil, Vice Principal of S.P.D.M. College, Shirpur, provided excellent guidance on "Rights and Duties of Citizens." He emphasized that we often fight for our rights but should never forget our duties. He also mentioned that the disrespect of the Indian governance structure, national anthem, and national flag should never be allowed. Dr. M.V. Patil, Principal of S.S.V.P. Science College, was present as the chairperson of this session. To make this webinar successful, Colonel B.V.S. Shivarao, Commanding Officer of the 48 Maharashtra Battalion, and Colonel Jagmeet Singh, Administrative Officer, worked diligently. Lt. Shashikant Khalane conducted and organized the proceedings of this webinar.

• **State Level Webinar on Indian Constitution**



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